

# Erindale College

<b>Assessment Period:</b>	2021 S2
<b>Course:</b>	PSYCHOLOGY
<b>Unit:</b>	Unit 3: Psychology of Wellness (1.0)
<b>Accreditation:</b>	A
<b>Year:</b>	12

## Unit Goals

- understand psychological models, theories and concepts
- explain observations and ideas related to human thoughts, emotions and behaviour

## Content Description

### Theories, concepts, principles, models and contemporary studies

- explain psychological theories, concepts, principles, models and contemporary studies
- compare how psychological concepts and theories have developed over time
- describe and explain human behaviour in the everyday world using psychological theory and principles

### Methodology and approaches to data

- design simple investigations, including the procedure/s to be followed, the information required and the type and amount of primary and/or secondary data to be collected; and consider research ethics
- collect, record, classify, quantify and process basic data and information in organised, logical and ethical ways
- describe basic trends, patterns and relationships in data; describe sources of limitations in data; and select and use evidence to make and justify conclusions

### Nature and purpose of Psychology

- understand the nature of Psychology as the systematic study of human behaviour and mental processes
- understand that the purpose of Psychology is to describe, explain, predict and control behaviour
- apply key psychological concepts, theories and methods to understand how human behaviour can be defined, and the relationship between the internal and external factors that influence how humans think, feel and act at an individual, group and societal level

### Perspectives, interpretation and evaluation

- compare psychological-related information to opinions presented in the public domain
- describe perspectives that shape our understanding of how humans think, feel and act at an individual, group and societal level

### Explanation and communication

- communicate psychological information, ideas and research findings
- use communication methods suitable for different audiences and purposes
- use terminology, conventions and referencing of information sources appropriate to the medium of communication

## Assessment Tasks

Name	Due Date	Weighting
Assessment 1	Assignment 1: 9 August - 13 August	30%
Assessment 2	Assignment 2: 18 October - 22 October	30%
Test	Test: 15 November - 19 November	40%

## Specific Unit Information

Unit books are available at the front office.

## School Assessment Information

### For penalties for late and non-submission of work

See [BSSS Policy and Procedure Manual 4.3.10](#) for further information.

### For academic integrity

See [BSSS Policy and Procedure Manual 4.3.12](#) for further information.

### For appeals processes

See [BSSS Policy and Procedure Manual 7.2](#) for further information.

### For moderation procedures (internal and external)

See [BSSS Policy and Procedure Manual 5](#) for further information.

## Achievement Standards for PSYCHOLOGY A - Year 12

	<i>A student who achieves an A grade typically</i>	<i>A student who achieves a B grade typically</i>	<i>A student who achieves a C grade typically</i>	<i>A student who achieves a D grade typically</i>	<i>A student who achieves an E grade typically</i>
<b>Knowledge and understanding</b>	<ul style="list-style-type: none"> <li>analyses theories, concepts and models used to explain behaviour and explains their limitations and assumptions on how humans think, feel and act at an individual, group and societal level</li> <li>analyses the nature and purpose of behavioural science and explains the impact of external factors on individuals, groups and society across a range of contexts</li> <li>compares a variety of perspectives and ideas to present an understanding of how humans think, feel and act at an individual, group and societal level</li> </ul>	<ul style="list-style-type: none"> <li>discuss theories, concepts and models used to explain behaviour and describes their limitations and assumptions on how humans think, feel and act at an individual, group and societal level</li> <li>discuss the nature and purpose of behavioural science and describes the impact of external factors on individuals, groups and society across a range of contexts</li> <li>discuss perspectives and ideas to present an understanding of how humans think, feel and act at an individual, group and societal level</li> </ul>	<ul style="list-style-type: none"> <li>interprets theories, concepts and models used to explain behaviour and describes their limitations and assumptions on how humans think, feel and act at an individual, group and societal level</li> <li>interprets the nature and purpose of behavioural science and describes the impact of external factors on individuals, groups and society across contexts</li> <li>describes perspectives and ideas to present an understanding of how humans think, feel and act at an individual, group and societal level</li> </ul>	<ul style="list-style-type: none"> <li>describes theories, concepts and models used to explain behaviour and identifies some limitations and assumptions on how humans think, feel and act at an individual, group and societal level</li> <li>describes the nature and purpose of behavioural science with some reference to the impact of external factors on individuals, groups and society across contexts</li> <li>identifies perspectives and ideas with some reference to how humans think, feel and act at an individual, group and societal level</li> </ul>	<ul style="list-style-type: none"> <li>identifies theories, concepts and models used to explain how humans think, feel and act at an individual, group and societal level</li> <li>identifies the nature and purpose of behavioural science with little or no reference to the impact of external factors on individuals, groups and society across contexts</li> <li>identifies some perspectives and ideas with little or no reference to how humans think, feel and act at an individual, group and societal level</li> </ul>
<b>Skills</b>	<ul style="list-style-type: none"> <li>analyses theories, concepts and models to provide an evidence-based critique and discussion for alternatives ways of thinking about behaviour</li> <li>communicates effectively and accurately in a range of modes, styles and genres for specific audiences and purposes</li> <li>plans and undertakes independent inquiries and analyses relevant data and information based on an evaluation of valid and reliable sources</li> </ul>	<ul style="list-style-type: none"> <li>explains theories, concepts and models to provide a critique with reference to evidence, and identifies alternatives ways of thinking about behaviour</li> <li>communicates clearly and accurately in a range of modes, styles and genres for specific audiences and purposes</li> <li>plans and undertakes independent inquiries and analyses relevant data and information based on an assessment of valid and reliable sources</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>describes theories, concepts and models to provide a critique with reference to evidence, and identifies alternatives ways of thinking about behaviour</li> <li>communicates in a range of modes, styles and genres for specific purposes genres for specific audiences and purposes</li> <li>undertakes guided inquiries and analyses data and information based on a range of appropriate sources</li> </ul>	<ul style="list-style-type: none"> <li>describes theories, concepts and models from a personal perspective with some reference to evidence and alternative ways of thinking about behaviour</li> <li>communicates in some modes and genres for specific audiences and purposes</li> <li>undertakes guided inquiries using limited sources</li> </ul>	<ul style="list-style-type: none"> <li>considers claims from a personal perspective with little or no reference to evidence and alternative ways of thinking about behaviour</li> <li>communicates with little or no reference to audiences and purposes</li> <li>undertakes simple research on a topic with little or no reference to sources</li> </ul>